

EQ-i 2.0[®] Universe

The Emotional Quotient Inventory (EQ-i 2.0[®]) is the world's leading measure of emotional intelligence. For decades, coaches, consultants, and organizations have trusted the research and science underpinning the EQ-i 2.0[®] and effectively used it as a tool to support development and improve human performance.

When you make the EQ-i 2.0[®] your go-to assessment of emotional intelligence, you get access to a suite of companion tools that help you put the insights into context and answer the question, "Now what?" These companions to the EQ-i 2.0[®] are designed to take results from the assessment and apply them in meaningful ways that stick, taking emotional intelligence development to the next level.

EQ-i 2.0[®] and EQ 360[®] Reports

Assess, predict, perform



Depending on your needs, there are numerous reports that can be used with individual contributors, leaders, teams/groups, and students. Reports are designed with clear instructions, interpretation guidelines and results-driven content setting you up for success.



Emotionally Effective Leader Workshop

*An engaging & high-energy
one-day workshop for leaders*

This workshop is a comprehensive program that equips you with tools to facilitate an interactive one-day session. Alternating between group activities and individual reflective exercises, this workshop leverages results from leaders' EQ-i 2.0[®] Leadership Reports and encourages leaders to focus on their leadership strengths and areas they can develop further.

EQ Connections[™]

*Foundational learnings of
emotional intelligence, simplified.*



EQ Connections[™] is an **interactive virtual training series** that engages audiences in the foundational learnings of emotional intelligence. This program contains six modules (an introduction to emotional intelligence and one module for each of the 5 composites of the EQ-i 2.0[®]) filled with evidence-based content and developmental strategies.



EQ-i 2.0[®] Workbook

From "so what" to "now what"

The EQ-i 2.0[®] Workbook takes a person from awareness to action on their developmental journey and sets the stage for rich and long-lasting coaching conversations. Containing over 175 developmental actions, the EQ-i 2.0[®] Workbook pulls the user into reflections, exercises, and a realistic action plan that can help with their growth and development.