

DR. STEVEN STEIN

Unconditional Love At Work



Highlights

- 80** Keynote Appearances
- 87** Reality Show Consultations
- 25** Podcast Appearances

- | **World-Renowned Clinical Psychologist**
- | **International Best-Selling Author**
- | **Talent Retention & Emotional Intelligence Thought Leader**

Dr. Steven Stein is a world-renowned clinical psychologist, best-selling author, and sought-after speaker specializing in emotional intelligence, resilience, and workplace culture. As the Founder and Executive Chair of Multi-Health Systems (MHS), a leader in psychological assessments for over 40 years, he has helped organizations—from Fortune 500 companies to military agencies—apply emotional intelligence to build engaged, high-performing teams. His expertise has been trusted by the U.S. Air Force, FBI Academy, and major corporations like American Express and Coca-Cola, as well as professional sports teams and reality TV shows, including *Big Brother Canada*, *Traitors Canada*, and *MasterChef Canada*.

A revolutionary approach to talent retention is at the core of Dr. Stein's work: **Unconditional Love at Work**. Today's employees—especially Gen Z—seek more than just a paycheck; they want to feel valued for who they are, not just what they do. Leaders can reduce turnover, increase engagement, and create organizations where people thrive by fostering workplace cultures rooted in empathy, authenticity, and emotional intelligence.

With a voluntary turnover rate of just 3% at MHS, Dr. Stein has proven that investing in what drives employees leads to lasting success.

As the author of *The EQ Leader*, *The EQ Edge*, and *Hardiness: Making Stress Work for You*, and host of the podcast *Work Therapy: When Work Sucks, How Can We Fix It?*, Dr. Stein helps leaders reimagine workplace culture. His insights have been featured on *CNBC's Squawk Box*, *Fox Business Report*, and in *Fast Company*, *Inc.*, and *Fortune*. Through speaking engagements, media appearances, and thought leadership, he is redefining leadership by advocating for workplaces that prioritize emotional connection—turning companies from places people have to be into spaces where they are inspired to grow.

Beyond his work in psychology and business, Dr. Stein channels his passion for leadership and teamwork into music as the leader of the jazz-rock band *The Tuesday Horns*. The band performs iconic hits from *Chicago*, *Blood, Sweat & Tears*, and other legendary horn bands of the '60s and '70s. He often draws parallels between managing a band and leading organizations—both require trust, collaboration, and, most importantly, **Unconditional Love at Work**.

As seen on:



Entrepreneur

FASTCOMPANY



Inc. Bustle

BUSINESS INSIDER



Digital Reach & Impact

Dr. Steven Stein's digital presence reflects his profound influence on emotional intelligence, leadership, and workplace culture. More than just numbers, his audience is deeply engaged—actively applying his insights, reshaping their organizations, and driving meaningful change in talent retention and team dynamics. Through his podcast *Work Therapy: When Work Sucks, How Can We Fix It?*, high-impact media features, and thought leadership, Dr. Stein continues to empower leaders worldwide, fostering a new era of workplace culture rooted in empathy, authenticity, and Unconditional Love at Work.

Social Stats

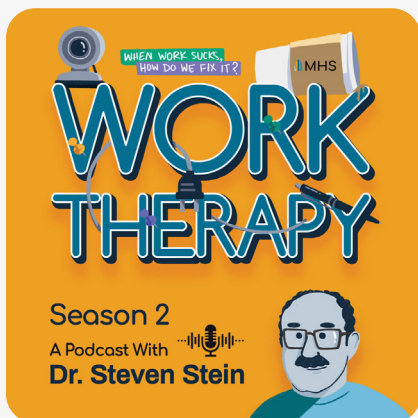
3.5K+ LinkedIn Followers

Social Links

 /drstevenstein



stevenstein.com



Work Therapy: When Work Sucks, How Can We Fix It?

Podcast Stats

35K+ Downloads

29K+ Reach

29K Unique Listeners

Podcast Guest

As a frequent guest on top industry podcasts, Dr. Steven Stein is highly sought after for his deep expertise in emotional intelligence, leadership, and workplace culture. His ability to break down complex psychological concepts into practical, actionable insights makes him a favorite among audiences ranging from corporate leaders to emerging professionals. With a compelling mix of science-backed strategies and real-world applications, Dr. Stein delivers high-impact conversations that help businesses and individuals transform the way they work, lead, and thrive.

Books

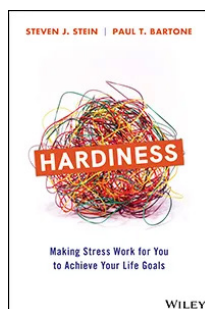
Dr. Steven Stein is the author of multiple best-selling books, including *The EQ Leader* and *The EQ Edge*, which have helped leaders worldwide harness emotional intelligence for success. In his latest book, *Hardiness: Making Stress Work for You to Achieve Your Life Goals*, he explores how resilience and adaptability are the keys to thriving in today's fast-changing world. Drawing from decades of research and real-world experience, Dr. Stein provides actionable strategies to help individuals and organizations build mental toughness, navigate challenges, and unlock their full potential.

TV Personality & Thought Leader

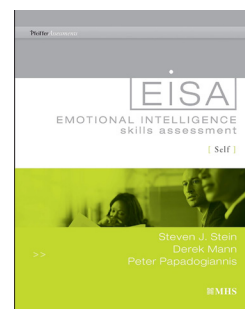
Dr. Steven Stein brings his psychology and emotional intelligence expertise to the screen as a sought-after consultant for some of the biggest reality TV shows, including *Big Brother Canada*, *The Amazing Race Canada*, and *The Traitors Canada*. His ability to assess personalities, predict behavior, and guide contestant selection has made him an invaluable behind-the-scenes force in unscripted television. Most recently, Dr. Stein also led a team of psychologists providing 24-hour support for *Beast Games* over six weeks. Whether shaping the dynamics of high-stakes competitions or helping networks create engaging psychologically sound programming, Dr. Stein's influence extends far beyond the workplace—bridging science, entertainment, and human behavior in a way that captivates audiences and challenges conventional thinking.

Recreational

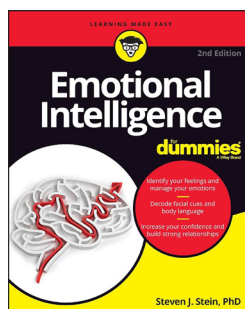
In his spare time Dr. Stein leads the jazz-rock band, *The Tuesday Horns* that plays iconic tunes of '60s and '70s horn bands including Chicago, Blood, Sweat & Tears, Lighthouse, and others. Managing a band has many of the same dynamics as leading organizations large and small, where unconditional love can play a role.



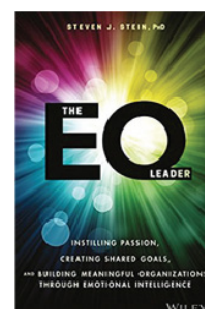
Hardiness



Emotional Intelligence Skills Assessment (EISA) Self



Emotional Intelligence For Dummies



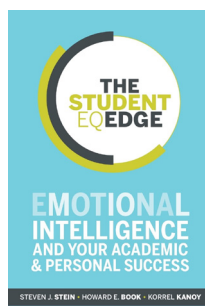
The EQ Leader:



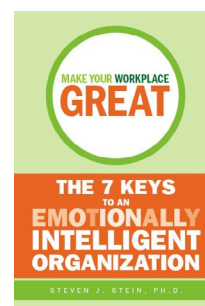
The EQ Edge



The Student EQ Edge



The Student EQ Edge



Make Your Workplace Great