



FAQ

Frequently Asked Questions

Below you will find answers to the most frequently asked questions regarding CAARS™ 2. As the questions span across a variety of subject areas, they have been categorized by topic to make it easier to navigate.

ADMINISTRATION, SCORING AND REPORTING

Is the CAARS 2 hand-scored or computer-scored?

The CAARS 2 offers digital scoring only. Scoring digitally is less prone to error than hand-scoring and takes very little time. Given the time, cost savings and improvement to accuracy, digital scoring is reported as the preferred option in market research.

While hand-scoring is not available, paper administration will still be possible by printing a paper form from MHS Online Assessment Center+ (MAC+). The responses from the paper form can then be entered for digital scoring and reporting. Entering the responses (even with double data entry verification turned on, which is recommended) is still faster than hand-scoring.

How do I access the CAARS 2 online?

The CAARS 2 is accessed through MAC+, which lets you administer, score, and generate reports with just a click of a button.

Start assessing digitally by purchasing CAARS 2 Uses online and creating your MAC+ account at checkout using the email address you want associated with your new account. Once your purchase is complete, your MAC+ account will be created. Please note, this process takes 1 to 2 business days to complete.

What is the average administration time of the CAARS 2?

The following are the average administration times:

CAARS 2: Self-Report – 13.4 minutes, Observer – 12.4 minutes

CAARS 2-Short: Self-Report – 6.8 minutes, Observer – 6.9 minutes

CAARS 2-ADHD Index: Self-Report – 1.7 minutes, Observer – 1.5 minutes



How can I use paper administration with CAARS 2 if it's now fully digital? I need to send forms to certain individuals who do not have access to a computer.

Paper administration is available within CAARS 2. You can print paper forms within MAC+ to give to the respondent. The form can then be returned to the administrator to enter into the MAC+ platform.

You can print or send out as many paper forms as required, and you won't be charged for the use. A use is consumed only when responses are entered, scored online, and a report is generated.

What are updates made to the normative samples?

New normative data were derived from a large sample selected to be representative of the North American population based on the 2018 U.S. and 2016 Canadian censuses. The CAARS 2 Normative Sample was built to be balanced by age groups and stratified by gender, race/ethnicity, education level, and geographic region.

Furthermore, the CAARS 2 Normative Sample includes expanded age norms. The oldest normative sample age group in the Conners' Adult ADHD Rating Scales (CAARSTM) is 50 years old and older. The CAARS 2 Normative Sample includes stratified samples for 50–59, 60–69, and 70+ years to allow a more valid assessment of older adults.

What is the impact of COVID-19 on CAARS 2 normative scores?

The COVID-19 pandemic and its associated public health response led to worse mental health outcomes for individuals (NCHS, 2022). To ensure that the CAARS 2 structure and its normative scores did not change, a study was conducted to compare responses collected in 2022 to demographically matched subsets of the CAARS 2 Normative Samples collected in 2019. Overall, it was found that the CAARS 2 scores had comparable reliability in 2022 as compared to 2019. Validity of the scores was not compromised, as evidenced by the invariance of the CAARS 2 Content Scales and a lack of statistical and practical differences in the observed mean scale scores, along with a lack of difference in the probability scores associated with the CAARS 2–ADHD Index. Despite the disruption of the pandemic, the CAARS 2 norms were largely unaffected and remain reliable, valid, and fair for on-going use post-pandemic.

What reference samples are available to CAARS 2?

In addition to the Normative Samples, an ADHD Reference Sample has been added to CAARS 2 to allow comparison of scores to those produced by others already diagnosed with ADHD to evaluate the severity of the reported problems.

For both Normative and ADHD Reference Samples, scores can be compared to a Combined Gender group, Gender Specific–Males group, and a Gender Specific–Females group. When scoring the test, the administrator can choose up to 3 reference samples when comparing an individual's scores.



Can you download the report as a Word Document?

Yes, the report will be available for download as both a PDF and a Word document.

What reports are available for the CAARS 2?

The **CAARS 2** currently includes a **Single-Rater Report** that provides detailed results from a single administration. This includes:

- The rater's responses and scores for all items and scales.
- Details on how ratings compare to ratings of other individuals of a similar age (and gender if requested).
- An option to compare scores to individuals with a confirmed diagnosis of ADHD.
- A list of which scores (if any) are elevated compared to the reference sample.

AVAILABILITY

When will CAARS 2 be offered worldwide with translations?

In addition to English, the CAARS 2 forms are available in Spanish (North America) and French (Canada). These versions are linguistically and culturally sensitive adaptations of the English forms. Further translations will be made available over time.

TRANSITION POLICY

How long after the CAARS 2 release do we have to use our existing paper inventory?

You do not need to use all your paper inventory before using CAARS 2. However, if you have ordered paper forms within the specified return/exchange policy timeline, you may exchange these paper forms for online forms following our exchange policy.

How are digital CAARS Uses converted to CAARS 2 Uses?

The transition process is a self-serve option in the MAC+ portal and allows all admin account holders with CAARS to have immediate access to CAARS 2. Any unused CAARS uses can be substituted for CAARS 2 uses. Uses will be substituted on a one-for-one basis.

Administrator account users must enable CAARS 2 through their account settings and "Manage my Assessments" section. Administrator account users can grant sub-users access to CAARS 2 by enabling access. Learn more by reviewing our Transition Overview for CAARS 2.

What happens to unused CAARS inventory when the transition period ends?

Any unused online CAARS inventory (profile and interpretative report) will automatically be converted to CAARS 2 report uses at the end of the transition period.



COMPLEMENTARY ADHD SOLUTIONS

The CAARS 2 includes Executive Function measures; do I still need to use another Executive Function scale in addition to this?

The CAARS 2 provides a high-level assessment of Executive Function difficulties. Use the **Comprehensive Executive Function Inventory™ Adult (CEFI® Adult)** to get an in-depth assessment of Executive Function strengths and weaknesses (including an assessment of nine separate Executive Function skills). Also, additional information through performance-based tests in different modalities provides a fuller overview of the individual's attention problems.

Use the **Conners Continuous Performance Test 3rd Edition™ (Conners CPT 3™)** to assess visual attention and **Conners Continuous Auditory Test of Attention (Conners CATA™)** to assess auditory attention. These task-oriented measures were developed to complement each other by providing conceptually similar scores and assessing similar dimensions of attention (e.g., inattentiveness, impulsivity, sustained attention).

Which other Conners assessments will be revised?

The **Conners Comprehensive Behavior Rating Scales™ (Conners CBRS®)** is currently being revised.

The **Conners Early Childhood™ (Conners EC™)** is in the pipeline for revision. Both assessments will have similar updates regarding modern normative samples and reports.

PROMIS® SLEEP MEASURES

What is the PROMIS sleep assessment and how does it work?

Endorsement of sleep problems in the Impairment & Functional Outcome Items suggest further examination is needed using sleep-specific assessment tools. The PROMIS® (Patient-Reported Outcomes Measurement Information System) Sleep Disturbance and Sleep-Related Impairment tools consist of the PROMIS Sleep Related Disturbance Short Form 8A and the PROMIS Sleep Related Impairment Short Form 8a and is available to all CAARS 2 users as an additional measure.

How do I access PROMIS?

PROMIS is currently available for free for all CAARS 2 users on the MHS Online Assessment Center+ and can be enabled in the "Manage My Assessments" section.



PRODUCT INFORMATION

What is new or different with the CAARS 2 compared to the CAARS?

Many exciting changes and new features are included within CAARS 2, including improvements to functionality, accessibility, and content updates. For more information, please reference our CAARS and CAARS 2 comparison guide.

Will there be long forms and short forms available?

Yes, CAARS 2 is available as a full-length form that can typically be used for the initial evaluation or periodic re-assessment to detect changes in core and associated features of ADHD, a Short form that is useful when a rater has limited time or for monthly assessment of treatment response or medication trials, and an ADHD Index form that can be used as a very quick initial screen to determine if further ADHD evaluation is warranted.

Do you provide training for CAARS 2?

Free training for CAARS 2 is available through your MAC+ account once the product has been enabled. This training introduces CAARS 2 and includes an overview of CAARS 2, administration, scoring and interpretation guidelines, and an illustrative case study.

By the end of this training, you will be able to:

- Get started with the new CAARS 2.
- Identify the requirements for the administration and scoring of the test.
- Interpret CAARS 2 results to guide decision making and intervention planning.

Do I need to purchase a manual for CAARS 2?

A digital manual is included with CAARS 2 purchases. All CAARS 2 users will get access to the manual via MAC+.

Still have questions? Reach out to our Customer Service team.

Email: CustomerService@MHS.com

TEL: US: 1.800.456.3003 • CAN: 1.800.268.6011 • INTL:+1.416.492.2627



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TO PURCHASE
CAARSTM 2**