

# CAARS<sup>™</sup> 2

## Comparison with CAARS<sup>™</sup>

Conners Adult ADHD Rating Scales 2nd Edition (CAARS<sup>™</sup> 2), the revision of Conners' Adult ADHD Rating Scales (CAARS<sup>™</sup>), includes changes and improvements to its functionality, accessibility, and assessment content. The tables below highlight these changes.

Reference Area	CAARS <sup>™</sup>	CAARS <sup>™</sup> 2
<b>Administration Formats</b>	<ul style="list-style-type: none"> <li>• Online (email link, local administration)</li> <li>• Paper (Quickscore Forms or Print Paper forms and enter responses via MHS Online Assessment Center+)</li> </ul>	<ul style="list-style-type: none"> <li>• Online (email link, local administration)</li> <li>• Paper (print paper forms and enter responses via MHS Online Assessment Center+)</li> </ul>
<b>Scoring Methods</b>	<ul style="list-style-type: none"> <li>• Online</li> <li>• Hand-scored</li> </ul>	<ul style="list-style-type: none"> <li>• Online</li> </ul>
<b>Device Types</b>	<ul style="list-style-type: none"> <li>• Computer</li> <li>• Laptop</li> <li>• Mobile device</li> <li>• Tablet</li> </ul>	<ul style="list-style-type: none"> <li>• Computer</li> <li>• Laptop</li> <li>• Mobile device</li> <li>• Tablet</li> </ul>
<b>Length</b>	<ul style="list-style-type: none"> <li>• Long Version (Self-Report &amp; Observer = 66 items)</li> <li>• Short Version (Self-Report &amp; Observer = 26 items)</li> <li>• Screening Version (Self-Report &amp; Observer = 40 items)</li> </ul>	<ul style="list-style-type: none"> <li>• Full-length (Self-Report &amp; Observer = 97 items)</li> <li>• Short (Self-Report = 55 items; Observer = 52 items)</li> <li>• ADHD Index (Self-Report &amp; Observer = 12 items)</li> </ul>
<b>Languages</b>	<ul style="list-style-type: none"> <li>• English</li> </ul>	<ul style="list-style-type: none"> <li>• English</li> <li>• Spanish (North America)</li> <li>• French (Canada)</li> </ul>
<b>Rater Types</b>	<ul style="list-style-type: none"> <li>• Self-Report</li> <li>• Observer</li> </ul>	<ul style="list-style-type: none"> <li>• Self-Report</li> <li>• Observer</li> </ul>



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Reference Area	CAARS™	CAARS™ 2
<b>Age Range</b>	<ul style="list-style-type: none"> <li>• 18 years and older</li> </ul>	<ul style="list-style-type: none"> <li>• 18 years and older</li> </ul>
<b>Normative Sample Age Groups (years)</b>	<ul style="list-style-type: none"> <li>• 18–29</li> <li>• 20–39</li> <li>• 40–49</li> <li>• 50+</li> </ul>	<ul style="list-style-type: none"> <li>• 18–24</li> <li>• 25–29</li> <li>• 30–39</li> <li>• 40–49</li> <li>• 50–59</li> <li>• 60–69</li> <li>• 70+</li> </ul>
<b>Average Reading Level of Forms</b>	<ul style="list-style-type: none"> <li>• Self-Report = Grade 5*</li> <li>• Observer = Grade 8*</li> </ul>	<ul style="list-style-type: none"> <li>• Self-Report = Grade 4</li> <li>• Observer = Grade 6</li> </ul>
<b>Administration Time (range in minutes)</b>	<ul style="list-style-type: none"> <li>• Long version = 10–30</li> <li>• Short version = 5–15</li> <li>• Screening version = 5–15</li> </ul>	<ul style="list-style-type: none"> <li>• CAARS 2 = 10–20</li> <li>• CAARS 2–Short = 5–10</li> <li>• CAARS 2–ADHD Index = 1–3</li> </ul>
<b>Report Types</b>	<ul style="list-style-type: none"> <li>• Profile Report</li> <li>• Interpretive Report</li> </ul>	<ul style="list-style-type: none"> <li>• Single-Rater Report</li> </ul>
<b>Manual</b>	<ul style="list-style-type: none"> <li>• Printed Manual</li> </ul>	<ul style="list-style-type: none"> <li>• Digital Manual</li> </ul>

\*Reading levels for the CAARS were calculated using the Dale-Chall formula (Dale & Chall, 1948). These reading levels were recalculated using the Flesch-Kincaid Grade Level Formula (Flesch, 1948; Kincaid et al., 1975), which is the method used for determining the reading levels for CAARS 2.



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Content Area	CAARS™	CAARS™ 2	Update
<b>Response Style Analysis</b>	—	Negative Impression Index	New; report flags ratings that may be unrealistically negative or problem descriptions that may be exaggerated <sup>1,2</sup> .
	Inconsistency Index	Inconsistency Index	Updated item pairs; report flags inconsistent responding <sup>1</sup> .
	—	Omitted Items	New; report flags omitted items that affect scales (prorated or could not be scored) <sup>1,2</sup> .
	—	Pace (online administration only)	New; report flags unusually fast or unusually slow response times for online administrations <sup>1,2</sup> .
<b>Associated Clinical Concern Items</b>	—	Critical Items: Suicidal Thoughts/Attempts, Self-Injury	New items to screen for associated areas of concern (suicidality and self-harm) and co-occurring disorders (anxiety and depression) <sup>1</sup> .
		Screening Items: Anxiety/Worry, Sadness/Emptiness*	
<b>Content Scales</b>	Inattention/Memory Problems	Inattention/Executive Dysfunction	Expanded content to better represent a range of executive function deficits that are often experienced by individuals with ADHD <sup>1,2</sup> .
	Hyperactivity/Restlessness	Hyperactivity	Updated item content to include subjective restlessness, as well as verbal and motoric hyperactivity <sup>1,2</sup> .
	Impulsivity/Emotional Lability	Impulsivity	Split into two distinct scales to examine each area in more depth <sup>1,2</sup> .
		Emotional Dysregulation	
Problems with Self-Concept	Negative Self-Concept	Updated item content to capture self-esteem struggles experienced by individuals with ADHD <sup>1,2</sup> .	

\*The Self-Report form asks about sadness or emptiness; the Observer form asks only about sadness.

<sup>1</sup>Available in the full-length CAARS 2.

<sup>2</sup>Available in the CAARS 2–Short (Content Scales on the short forms include a subset of items from the full-length forms).



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Content Area	CAARS™	CAARS™ 2	Update
DSM Symptom Scales	DSM-IV ADHD Inattentive Symptoms	DSM ADHD Inattentive Symptoms	Updated item content to align with DSM-5-TR symptom criteria <sup>1</sup> .
	DSM-IV ADHD Hyperactive-Impulsive Symptoms	DSM ADHD Hyperactive/Impulsive Symptoms	
	DSM-IV Total ADHD Symptoms	DSM Total ADHD Symptoms	
ADHD Index	ADHD Index	CAARS 2-ADHD Index	Improved sensitivity and specificity to optimize accuracy in discriminating between individuals with and without ADHD <sup>1,2,3</sup> .
Impairment & Functional Outcome Items	—	Impairment & Functional Outcome Items	New items to assess difficulties in functioning and adverse outcomes related to both specific tasks (e.g., money management, driving) and broad domains (e.g., work, school, relationships) <sup>1</sup> .
Additional Questions	—	Other Issues/Problems	New open-ended questions to elicit rater comments <sup>1,2</sup> .
		Strengths/Skills	

<sup>1</sup>Available in the full-length CAARS 2.

<sup>2</sup>Available in the CAARS 2-Short.

<sup>3</sup>Available in the CAARS 2-ADHD Index.

## Easy ways to order



[Storefront.MHS.com/Collections/CAARS-2](https://Storefront.MHS.com/Collections/CAARS-2)



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