

CAARS[™] 2

Comparison with CAARS[™]



Conners Adult ADHD Rating Scales 2nd Edition (CAARS[™] 2), the revision of Conners' Adult ADHD Rating Scales (CAARS[™]), includes changes and improvements to its functionality, accessibility, and assessment content. The tables below highlight these changes.

Reference Area	CAARS™	CAARS™ 2
Administration Formats	 Online (email link, local administration) Paper (Quickscore Forms or Print Paper forms and enter responses via MHS Online Assessment Center+) 	 Online (email link, local administration) Paper (print paper forms and enter responses via MHS Online Assessment Center+)
Scoring Methods	Online Hand-scored	Online
Device Types	ComputerLaptopMobile deviceTablet	ComputerLaptopMobile deviceTablet
Length	 Long Version (Self-Report & Observer = 66 items) Short Version (Self-Report & Observer = 26 items) Screening Version (Self-Report & Observer = 40 items) 	 Full-length (Self-Report & Observer = 97 items) Short (Self-Report = 55 items; Observer = 52 items) ADHD Index (Self-Report & Observer = 12 items)
Languages	• English	EnglishSpanish (North America)French (Canada)
Rater Types	Self-ReportObserver	Self-ReportObserver







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Reference Area	CAARS™	CAARS™ 2
Age Range	• 18 years and older	• 18 years and older
Normative Sample Age Groups (years)	• 18–29 • 20–39 • 40–49 • 50+	• 18-24 • 25-29 • 30-39 • 40-49 • 50-59 • 60-69 • 70+
Average Reading Level of Forms	Self-Report = Grade 5*Observer = Grade 8*	Self-Report = Grade 4Observer = Grade 6
Administration Time (range in minutes)	 Long version = 10–30 Short version = 5–15 Screening version = 5–15 	 CAARS 2 = 10-20 CAARS 2-Short = 5-10 CAARS 2-ADHD Index = 1-3
Report Types	Profile Report Interpretive Report	Single-Rater Report
Manual	Printed Manual	Digital Manual

^{*}Reading levels for the CAARS were calculated using the Dale-Chall formula (Dale & Chall, 1948). These reading levels were recalculated using the Flesch-Kincaid Grade Level Formula (Flesch, 1948; Kincaid et al., 1975), which is the method used for determining the reading levels for CAARS 2.









Comparison of Content and Structure between CAARS[™] and CAARS[™] 2

Content Area	CAARS™	CAARS™ 2	Update
Response Style Analysis	_	Negative Impression Index	New; report flags ratings that may be unrealistically negative or problem descriptions that may be exaggerated ^{1,2} .
	Inconsistency Index	Inconsistency Index	Updated item pairs; report flags inconsistent responding ¹ .
	_	Omitted Items	New; report flags omitted items that affect scales (prorated or could not be scored) ^{1,2} .
	_	Pace (online administration only)	New; report flags unusually fast or unusually slow response times for online administrations ^{1,2} .
Associated Clinical Concern Items	_	Critical Items: Suicidal Thoughts/Attempts, Self-Injury	New items to screen for associated areas of concern (suicidality and self-harm) and co-occurring disorders (anxiety and depression) ¹ .
		Screening Items: Anxiety/Worry, Sadness/ Emptiness*	
Content Scales	Inattention/Memory Problems	Inattention/Executive Dysfunction	Expanded content to better represent a range of executive function deficits that are often experienced by individuals with ADHD ^{1,2} .
	Hyperactivity/ Restlessness	Hyperactivity	Updated item content to include subjective restlessness, as well as verbal and motoric hyperactivity ^{1,2} .
	Impulsivity/Emotional Lability	Impulsivity	Split into two distinct scales to examine each area in more depth ^{1,2} .
		Emotional Dysregulation	
	Problems with Self-Concept	Negative Self-Concept	Updated item content to capture self- esteem struggles experienced by individuals with ADHD ^{1,2} .

 $^{{}^*\}mathsf{The}\ \mathsf{Self-Report}\ \mathsf{form}\ \mathsf{asks}\ \mathsf{about}\ \mathsf{sadness}\ \mathsf{or}\ \mathsf{emptiness}; \mathsf{the}\ \mathsf{Observer}\ \mathsf{form}\ \mathsf{asks}\ \mathsf{only}\ \mathsf{about}\ \mathsf{sadness}.$

 $^{^2}$ Available in the CAARS 2–Short (Content Scales on the short forms include a subset of items from the full-length forms).





¹Available in the full-length CAARS 2.



Comparison of Content and Structure between CAARS[™] and CAARS[™] 2

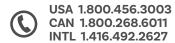
Content Area	CAARS™	CAARS™ 2	Update
DSM Symptom Scales	DSM-IV ADHD Inattentive Symptoms	DSM ADHD Inattentive Symptoms	·
	DSM-IV ADHD Hyperactive- Impulsive Symptoms	DSM ADHD Hyperactive/ Impulsive Symptoms	Updated item content to align with DSM-5-TR symptom criteria ¹ .
	DSM-IV Total ADHD Symptoms	DSM Total ADHD Symptoms	
ADHD Index	ADHD Index	CAARS 2-ADHD Index	Improved sensitivity and specificity to optimize accuracy in discriminating between individuals with and without ADHD ^{1,2,3} .
Impairment & Functional Outcome Items	_	Impairment & Functional Outcome Items	New items to assess difficulties in functioning and adverse outcomes related to both specific tasks (e.g., money management, driving) and broad domains (e.g., work, school, relationships) ¹ .
Additional Questions	_	Other Issues/Problems	New open-ended questions to elicit rater comments ^{1,2} .
		Strengths/Skills	

¹Available in the full-length CAARS 2.

Easy ways to order











²Available in the CAARS 2-Short.

³Available in the CAARS 2-ADHD Index.