

ASRS®

ADULT

AUTISM SPECTRUM RATING SCALES™ ADULT



FAQs (Frequently Asked Questions)

The Autism Spectrum Rating Scales™ Adult (ASRS® Adult) is a multi-informant rating scale designed to assess symptoms and behaviors associated with Autism Spectrum Disorder (ASD) in adults aged 18 years and older.

Below, you will find answers to the most frequently asked questions regarding the new ASRS Adult, organized by topic for easy navigation.

PRODUCT INFORMATION

What makes the ASRS Adult a suitable tool for assessing ASD in adults?

The ASRS Adult is built on the trusted foundation of the Autism Spectrum Rating Scales™ (ASRS®) and informed by current ASD research, supporting accurate diagnosis, treatment planning, and progress monitoring of ASD throughout adulthood.

The new ASRS Adult offers a purpose-built rating scale for identifying, differentiating, and tracking ASD symptoms, behaviors, and associated features in adults. It includes both self-report and observer perspectives, and its items, norms, and scoring are tailored to adult populations. This ensures greater relevance and accuracy when assessing and supporting individuals beyond the pediatric stage. Additionally, this rating scale introduces care to adults overlooked in childhood, offering a holistic and versatile measure of ASD at each life stage.

What are the key features of the ASRS Adult?

ASRS Adult is developed as a scientifically validated, reliable, fair, and carefully crafted tool for assessing ASD in adults. This new measure:

- Is a **focused, multi-informant, standardized** rating scale to accurately identify core ASD symptoms, behaviors, and associated features with specific scales.
- **Establishes alignment with the ASRS**, which measures ASD symptoms in children and youth, to facilitate seamless comparisons between evaluations across the lifespan, from early development to adulthood.
- Is a **reliable and valid measure** that meets standards for **fairness and cultural sensitivity** through large and representative normative samples and the use of gender-inclusive language.
- Consists of metrics that describe response patterns and flag potential validity concerns that may impact the interpretation of results.

PRODUCT INFORMATION

How can the ASRS Adult be used with other tools?

The ASRS Adult can work in conjunction with a battery of standardized psychological assessments, including collateral information and other assessment and evaluation methods, such as diagnostic interviews, individual history, and behavioral observation tools and cognitive measures—when available—in addition to qualified professional judgment. When used in conjunction with other measures, the ASRS Adult can help distinguish ASD from commonly co-occurring conditions like ADHD, anxiety, or mood disorders. For example, the ASRS Adult can work alongside ADHD rating scales like the **Conners Adult ADHD Rating Scales™ 2nd Edition (CAARS™ 2)** to differentiate between diagnoses that have overlapping symptoms.

In what contexts can the ASRS Adult be effectively used?

The ASRS Adult serves as a key part of a comprehensive evaluation battery. These scores can be integrated with other information to enhance understanding of the individual. When used alongside data from other assessments, results from the ASRS Adult can help inform diagnostic decisions as well as treatment planning and monitoring. The ASRS Adult further provides a valuable framework for guiding therapeutic decisions and tailoring treatment plans to meet the individual's specific symptom profile by identifying specific areas of difficulty. The ASRS Adult can also provide data to support recommendations for academic accommodations, workplace assistance, or therapeutic referrals.

Are there any validity scales on the ASRS Adult?

The **ASRS Adult** includes **About the Ratings metrics—Duration, Omitted Items, Negative Impression Index, and Inconsistency Index**—that help you consider how the rater approached the ASRS Adult. These validity indicators are available in the full-length forms and provide essential context for interpreting scores, supporting confident decision-making.

ADMINISTRATION, SCORING AND REPORTING

What forms are available for the ASRS Adult?

The ASRS Adult is available in two formats: **full-length (ASRS Adult)** and **short forms (ASRS Adult–Short)**. Both the ASRS Adult and the ASRS Adult–Short have:

-  **The Self-Report form:** completed by the individual being assessed, providing insights into their own experiences and behaviors.
-  **The Observer form:** completed by an adult who knows the individual well, such as a family member or close friend.

Using both forms together can provide a comprehensive view of the individual's symptoms and functioning.

What languages are the ASRS Adult forms available in?

The ASRS Adult forms are available in three language options:

- **English** (North America)
- **Spanish** (North America)
- **French** (Canada)



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ADMINISTRATION, SCORING AND REPORTING

What is the average administration time of the ASRS Adult?

The following are the average administration times:

- **ASRS Adult:** Self-Report and Observer = 15 minutes
- **ASRS Adult-Short:** Self-Report and Observer = 3 minutes

Can the ASRS Adult be used for individuals with intellectual disabilities?

The ASRS Adult Self-Report form is designed to be completed by the individual being assessed, providing insights into their own experiences and behaviors. However, it requires a certain level of cognitive ability and comprehension to understand and respond to the questions accurately. The reading level required for the ASRS Adult Self-Report is approximately at a 6th grade level, which means individuals need to have the ability to read and comprehend moderately complex sentences and concepts. Individuals with lower IQ may have difficulty with the self-report format, leading to inaccurate or incomplete responses. In such cases, the Observer form, completed by someone who knows the individual well, such as a family member or close friend, can provide a more accurate assessment of the individual's symptoms and behaviors.

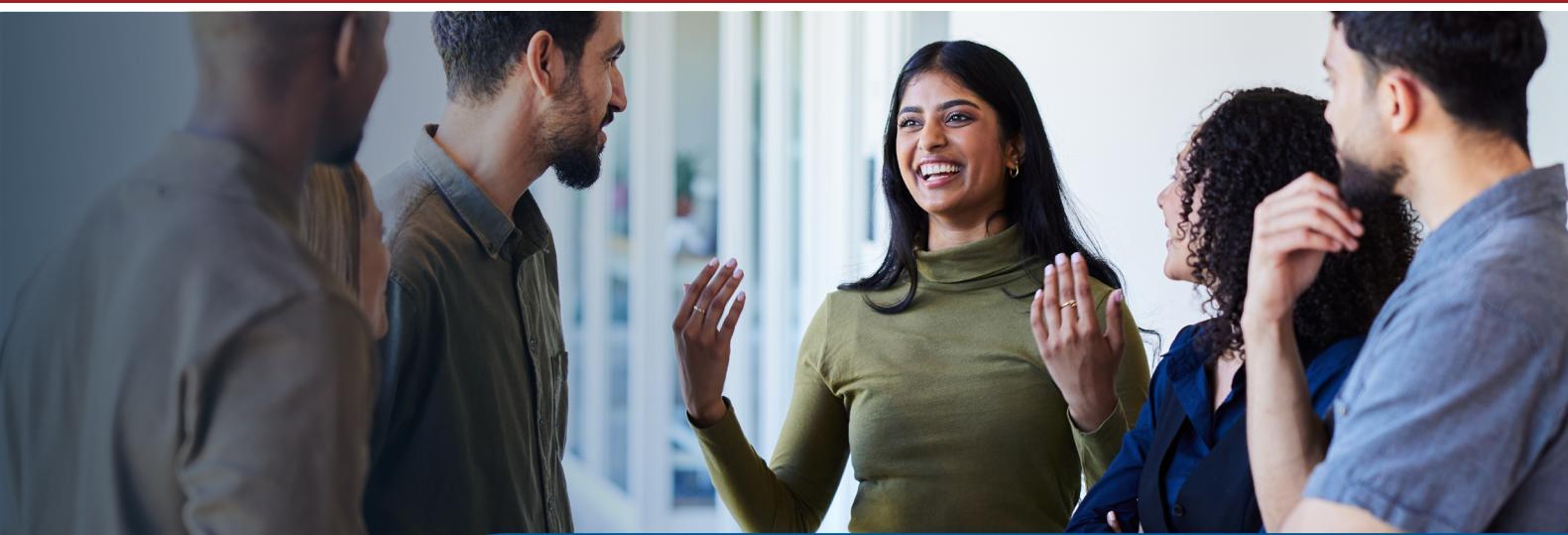
What are the uses of the different forms?

The ASRS Adult can typically be used for the initial evaluation or periodic re-assessment to detect changes in core and associated features of ASD in adults. The ASRS Adult-Short form is ideal for initial screening, situations where time is limited, or for tracking treatment progress or use in research studies.

What reports are available for the ASRS Adult?

There are two report types available for the ASRS Adult:

- The **Single-Rater Report** provides information about the scores of the individual being evaluated, how they compare to other individuals of a similar age, and which scores (if any) are elevated compared to the normative sample.
- The **Datasets**, which provides a spreadsheet of responses and scores from a single test administration and can facilitate further statistical analyses.



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What formats are the reports available in?

- **Single-Rater Report:** Word and PDF
- **Dataset:** CSV

Do you provide any training for the ASRS Adult?

You can refer to the digital manual and onboarding resources to familiarize yourself with the measure. If you are looking for a facilitated session for your team/organization, please contact our Customer Service team and we will be happy to assist.

Do I need to purchase a manual?

A digital manual is included with purchase of the ASRS Adult Uses. All users will get access to the manual via MHS Online Assessment Center+ (MAC+). You can also print sections of the manual for easy reference.

ACCESS

How can I access the ASRS Adult?

The ASRS Adult is accessed through **MHS Online Assessment Center+ (MAC+)**, which lets you administer, score, and generate reports with a click of a button. You can begin digital assessments by purchasing ASRS Adult Uses online.

If you do not already have a MAC+ account, you can create one during the checkout process by using the email address you want associated with your new account. Once your purchase is complete, your MAC+ account will be created. Please note, this process takes 1 to 2 business days to complete.

Instead of the MAC+, can the ASRS Adult be integrated into my organization's EHR or other purpose-built platforms?

Yes, the entire assessment lifecycle (administration, scoring, results, and reports) for the tool can be integrated via Universal Rest API into your existing platform and workflows. Work closely with our consulting team to develop a solution and implementation plan that addresses your organization's specific requirements while aligning with your unique goals. Contact our customer service team and mention "API Integration" and we will get in touch with you.

How can I use paper administration with ASRS Adult if it is fully digital? I need to send forms to certain individuals who do not have access to a computer.

While the ASRS Adult is digital, **paper administration is possible by printing paper forms from MAC+.** The responses from the paper form can then be entered for digital scoring and reporting. You can print or send out as many paper forms as required, and you won't be charged. A Use is consumed only when responses are entered, scored online, and a report is generated.



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